Ways CAO supports your successful practice

A strong national voice: strategic, agile, collaborative

We work on your behalf to influence public policy and increase public trust in optometrists and the expanding practice of optometry.





Knowledge transfer: informed, credible, influential

We provide access to:

- future trends in optometry
- evidence-based guidelines and research
- Canadian Journal of Optometry
- online CF

We also keep you apprised of timely issues and events through regular newsletters and eblasts

Networking: personal growth, connection, support

We provide the venues of CAO's online Sections and biennial Congress for you to build relationships and foster discussions with like-minded colleagues.

We also provide national comparative summaries for various aspects of optometric practice.





Practice opportunities: accessible, beneficial, convenient

We offer savings designed for today's optometrist through:

- best in class liability insurance, including pro-bono legal advice, designed exclusively for CAO members*
- banking and personal insurance programs; and other discount programs
- online practice promotion with our Find-a-Doc tool, shared job postings through our online jobs board
- the Certified Canadian Optometric Assistant program that helps your optometric staff contribute more fully to your optometric practice.

* excepting Ontario and Quebe

Your Association Matters

Contribute and connect with colleagues from across the country through events, education, conferences, publications, research and networking.

234 Argyle Avenue, Ottawa, ON, K2P 1B9, Toll free: 888-263-4676, info@opto.ca, Opto.ca

